

Shri AkhilAnjanaKelavani Mandal, Gandhinagar

Sanchalit

Shri P. K. Chaudhari Mahila Arts College, Sector- 7, Gandhinagar

N. S. S. Unit

Campus and Adopted Village Activities

2016-17

Program Officer: BharatsinghP. Rao

‘World Yoga Day’ celebrated on 21st June:

Since it was decided by UNESCO to celebrate 21st June as ‘World Yoga Day’ it was celebrated in our college for creating awareness among the volunteers and all the students about the importance of our age-old method of physical and mental exercise which is unparalleled in comparison with all other exercises. A Yoga seminar was organized from 8.00 A.M. to 10.00 A.M. in which Prof. UmeshKohli (Nirma University) rendered his service as an expert Yoga trainer and taught all the students how to perform all the ‘Asanaas’ of Yoga daily for keeping fit not only physically but also mentally. He laid stress on the fact that Yoga is the only method of bringing about and developing the latent potential in all the human beings.

A lecture for health awareness and a check upcamp by an Ayurvedic doctor:

A lecture on ‘ The changes taking place in the female body during Puberty age, the consequent problems and their solutions’ by Dr. Mira Rajani from Government Modern Ayurved college and Hospital, Kolavada, Ta. and Di. Gandhinagar in accordance with the M.O.U. signed with the college by our institution to arrange such useful lectures and seminars for our female students time and again. Explaining the topic in detail with a slide-show she had also done counselling free of charge and at the end of the seminar free Diagnosis camp was also arranged by them for the benefit of our female students and later on the needy students were given the required Ayurvedic medicines free of charge.

Orientation Programme for the new volunteers:

An orientation programme for the new volunteers was organized on 6th August, 2016 to make them aware of the N.S.S. as an important extra-curricular activity. Dr. Laxmanbhai Awaiyya, the Director of Adult's Literacy Mission in Gujarat Vidyapeeth, Ahmedabad was the expert who explained to the volunteers the significance of N.S.S. as an important extra-curricular activity for their all-round development. He suggested various activities helpful, especially, for the betterment and welfare of the village people like contributing actively in adult literacy, by helping the illiterate villagers in their official works related with Panchayat and Mamlatdar office (Executive Magistrate) of their land, house taxes and even their works with banks for various transactions in filling in the forms and assisting them in communicating as interpreters with the bank officials regarding their needs. Expressing Vote of thanks N.S.S. P.O. Bharatsingh Rao had said that active participation of the volunteers inculcates noble human values in the volunteers and in the students for that matter and it also reinforces in them the ancient Indian humanitarian approach for the service of mankind.

The celebration of Independence Day:

The Independence Day was celebrated jointly by all the branches of higher education under the umbrella of Shri Akhil Anjana Kelavani Mandal and the institutes of elementary to Higher secondary education. The N.S.S. volunteers also participated in their scarves, creating their own identity as proud N.S.S. volunteers, with enthusiasm, showing their patriotic fervor. After the flag-hoisting ceremony and salutation to the national flag 'Tiranga', they also sang some very melodious patriotic songs arousing the ardent sense of patriotism and loyalty towards one's motherland a noble sense of self-sacrifice in case her sovereignty is at stake, among the young children.

The celebration of 'Azadi –70, Yaad Karo Kurabaani' fortnight:

It was decided by the central government to celebrate the fortnight from 09/08/2016 to 23/08 2016 as the fortnight of paying appropriate tribute to the ever great revolutionaries and the great freedom fighters who devoted their whole lives and existence for the noble cause of service to the motherland and many of whom even sacrificed their precious lives for the honor of their motherland. Responding in the same spirit our volunteers also had celebrated the fortnight by reading the inspirational biographies of the great freedom fighters and the great revolutionaries. On the concluding day addressing the volunteers N.S.S. Programme Officer Bharatsingh Rao had said that today we can breathe in the free air on the great land of our motherland only because of the great sacrifices of our freedom fighters the great revolutionaries especially like Subhash Chandra Bose who had taken up the challenge of passing the I.C.S. exam against all odds and impediments created by the Britishers

with the ill- intention of preventing the Indians from getting through it like The discriminatory rule that the British candidates can appear till the age of 23 whereas the Indian candidates can appear only up to the age of merely 19 and that too the centre for examination was at London only. Subhash Chandra Bose took up the challenge and got through in the examination in the first attempt securing fourth rank ! But the shocking climax of the whole incident was that soon after getting selected as an I.C.S. officer he tendered his resignation offering the reason that he did not want to serve the Britishers as a slave but he would like to join the national movement Independence for the freedom of his motherland. He simply wanted to prove by passing the exam that Indians are not inferior to the Britishers in any respect.

Awareness for saving the environment and tree-plantation:

Tree- plantation programme was organized by the N.S.S. unit of our college on 07/09/ 2016 in the presence of the Principal of the college Dr. Urmilaben Chaudhari. The volunteers sowed trees and took an oath to do so in future too regularly for saving the environment.

Concern for Social Cause:

The volunteers of N.S.S. unit paid a goodwill visit to the institution of the deaf and dumb children, named Samarpan Inst. for the Deaf and Dumb children situated in sect. 28, Gandhinagar on 07/09/2016. The volunteers evinced their sense of empathy for the physically challenged children and promised to help such children for life time as their social concern. The N.S.S. P.O. Bharatsingh Rao said while addressing them that the invincible spirit of those children was truly inspirational As they had taken up the great challenge thrown before them by nature.

Awareness for historical institutes and a visit to the Gandhi Ashram

The volunteers were taken to pay a visit to Gujarat Vidyapeeth and the Gandhi Ashram at Sabarmati in Ahmedabad. The volunteers were highly pleased to visit an institution of higher education established by Mahatma Gandhi as a part of the fight for freedom to boycott everything English 'Swadeshi Movement' including the English education as the P.O. had explained the historical facts of the institution. Later on they visited the Gandhi Ashram in Sabarmati on the bank of river Sabarmati established by Gandhiji. The volunteers became aware of Gandhiji's great contribution in the freedom Movement by visiting the museum and the cottages where Gandhiji stayed and carried out the activities related with Freedom Movement for a long period of time whenever he was in Ahmedabad.

The celebration of N.S.S. Day by the volunteers by distributing snacks among the underprivileged children:

N.S.S. Day was celebrated on 24th Sept.16 by the volunteers by evincing their social concern. They had visited the children of the slums and especially those of the contingent tribal labourers residing temporarily in Sector 6 and showing their empathy they had distributed light refreshment among them. The P.O. Bharatsingh Rao had told the volunteers to have the same empathy for the underprivileged people for life time and to serve them for ever.

Awareness about Health:

A lecture on 'Thalessemia major and minor, the deficiency of Himoglobin and the importance and necessity of blood- donation' was arranged on 29/12/2016. The expert on the subject was Mr. Maheshbhai Trivedi from Redcross, Ahmedabad. He had explained the need for then diagnosis of thalassemia and the proper diet for heamoglobin and the need for Blood donation.

Awareness about health and feminine problems:

A lecture on the 'Problems during the Menstrual Cycle, Information and solution' was organized on 09/09/2016. The experts were Dr. DharaJadhav and Dr.Asha Patel who had explained in detail the problems during the menstrual cycle and their remedies as it was natural for women for procreation.

Programme on 'Women Empowerment':

A lecture on women empowerment was organized by the N.S.S. Unit of our college on 22/09/2016. The expert for the lecture was the renowned academic Prin. SubhashBrahmbhatt citing illustrations from our ancient scriptures and Vedas advised the female students to avail of the best education for the betterment and uplift their status in the society so as to live with self-respect.

Celebration of Gandhi Birth Anniversary:

A programme of celebrating Gandhiji's birth anniversary by the singing of patriotic songs by the volunteers was organized on 1st October (on the previous day) to pay him tribute. A competition of patriotic and songs with gallantry fervor was organized among the volunteers. Three of them had won in the competition. First rank was secured by MakwanaRinkal P; second rank was

secured by Rawal Meena and the third rank was secured by Chavada Kamini S. Felicitating them the P.O. had told them to follow into the footsteps of such great leaders and patriotic freedom fighters.

Awareness about and training programme for Digital India :

A programme on Digital Banking Awareness was organized by the Dena Gujarat Gramin Bank in collaboration with State Bank of India in the Town Hall at Gandhinagar on 4th Dec.2016 which was attended by our volunteers alongwith their P.O. and they were made aware of various methods of Digital payments and were told to spread the message in the society of using them more and more for accepting it in financial transactions to mitigate corruption from the society gradually. Another such programme which was organized by the Hon. Vice Chancellor of the Uni. on 22/12/2016 in Guj. University on 'Less Cash Transaction and Digital Banking' was also attended by the volunteers and there too they were told to help in this social cause. The experts in that programme were the financial experts Mukesh Patel and Mr. Sunil Talati and the chief guest was the renowned Bollywood actor Paresh Rawal.

Awareness about preserving our ancient architectural heritage:

A programme of creating awareness among the volunteers about our ancient architectural monuments and about preserving them for our posterity as they are the symbols of our ancient cultural and architectural expertise and a matter of extreme pride for us and for our generations to come. The volunteers visited various medieval ancient architectural monuments situated in Ahmedabad like the Hanging Minarates, The Jama Mosque near Teen Darwaza', the 'Sidi Syed ki Jaali' (Latticework), the medieval Adalaj Stepwell in Adalaj village near Gandhinagar and God Shreenathji's Haveli situated in 'Ratanpole' (the typical medieval street patterns with the adjoining homes with typical architectural structures and unique designs for living).

Awareness about the great personalities of India:

A lecture on 'The Divine life, knowledge and contribution of Swami Vivekananda for the welfare of mankind' was organized by the N.S.S. Unit of our college to make the volunteers and the other students aware of the great personalities like Swami Vivekananda and his enormous contribution to earn back the ancient Indian glory and the distinctive identity as 'Vishwa Guru' at the global level. The expert was Mr. Sureshbhai Jadhav, (the 'Dixarthi of Shree Ram Krishna Mission, Rajkot) who explained in detail the enormous contribution of Swami Vivekananda for the welfare of mankind.

Annual One Week Camp in a village:

The (One Week) annual camp of the unit was organized at Uvaarsad village, Ta & Di. Gandhinagar from 28/01/2017 to 03/02/2017 under the Special Activities. During their one week stay in the village the volunteers had carried out various creative, motivational and inspirational works like daily cleanliness drive, spreading some important messages for the betterment of society through eradication of illiteracy and superstition and deaddiction as well as saving the female fetus for saving the mankind from self-extinction in the near future.

In an innovative practice for the welfare of the inhabitants of the village a Special Medical Camp for the detection of breast or uterus cancer in the primary stage in women was organized on 30/01/2017 by the N.S.S. Unit in collaboration with Gujarat Cancer and Research Society, Civil Hospital, Ahmedabad in the Primary Health Centre, Uvarsad village. Two Specialist Cancer surgeons had rendered their services of checking up the patients from 9.00 A.M. to 3.00 P.M. About 65 women of the village had availed of the Medical check up camp and 3 to 4 suspicious cases were referred for further investigations to Cancer Hospital, Ahmedabad. A cultural programme was performed by the volunteers at night on the penultimate day for the entertainment of the hosts in which the girls of the unit had enacted a very appealing play with the theme of spreading the social message of saving the female foetus and not to get it aborted since it was not only illegal and punitive act but also a heinous crime and sin against Almighty and compassionate God.

A state level seminar on N.S.S. attended by the volunteers:

A state level seminar on “ The constructive role of N.S.S. in building the nation” organized by Sh. A.P. Patel Arts and Shreemati N.P. Patel Commerce college, Naroda, Ahmedabad on 18/02/2017 where the chief guest Sh. Natubhai Verma, the Co-ordinator of N.S.S. wing of Gujarat University told the volunteers that N.S.S. can be instrumental in moulding their character and personality in the true sense of the term so that they can contribute in the welfare of society and the nation.