

Shri Akhil Anjana Kelavani Mandal, Gandhinagar

Sanchalit

Shri P. K. Chaudhari Mahila Arts College, Sector- 7, Gandhinagar

N. S. S. Unit

Campus and Adopted Village Activities

2015-16

Program Officer: Prof. Bharatsingh P. Rao

An Ineter-college Workshop attended by the Volunteers

Six of our volunteers participated a workshop for the N.S.S. Volunteers organized by N.S.S. Department of Gujarat Uni. At Manekba Vinay Vihar Shikshan sankul, Adalaj, Di.Gandhinagar. They participated in various competitions held there and three of them stood first in two competitions. (1) Shraddha Patel (Sem.I) and Vinisha Chaudhary (Sem.I) stood first in the ‘Rope Pulling’ competition. Rinkal Bhangi(Sem.I) won the first prize in ‘Antaxari singing’ competition.

Concern for environment and global warming:

Tree Plantation programme was organized on 09/07/2015 in the presence of the President of the Management and the Registrar of Guj.Uni. Sh. H.C. Patel. The volunteers as well as the chief guests sowed trees and took an oath to grow more and more trees in monsoon every year to save environment.

Enabling the female volunteers to be self-reliant for livelihood to live with self-esteem:

The volunteers of the unit paid a visit to the ‘Entrepreneurship Development Institution’ at Bhaat village near Gandhinagar on 07/08/2015 as the Gujarat government had decided to celebrate the fortnight as ‘Women Empowerment Fortnight’. 55 volunteers visited the institution and attended the seminar where successful Business tycoons from various Corporate houses shared their experiences of their journey of success and their endeavours for the same to inspire the female volunteers for entrepreneurship.

A seminar on ‘Skill Development for Self-employment’ was organized in our college in co-ordination with Employment Exchange Office,Gandhinagar. More than about 130 volunteers as well as other students attended the same and were benefited. Later on, they visited the ‘Industrial

Recruitment fair' at Balaram Mandir Precincts, Sector 12, Gandhinagar, organized under the auspices of the Employment Exchange Office, Gandhinagar.

Orientation Programme for the new volunteers:

An orientation lecture for the new volunteers was organized on 13/08/ 2015 for making them aware about the significance of N.S.S. as a very important extra - curricular activity for their all- round development and for their personality development in the true sense of the term. An expert on this topic Mr. Hemant Suthar, Assistant Conservator of Forests, Gandhinagar, explained in detail the importance of N.S.S. as an important extra-curricular activity. The N.S.S. Programme Officer Bharatsingh Rao told the volunteers while delivering vote of thanks that N.S.S. is not only instrumental in their personality development but also in their invaluable contribution for the noble service of the nation and also the society as well, and to prove their worth of their higher education by serving humanity for the service of God.

Concern for Social Cause:

(1) The volunteers paid a goodwill visit to the 'Krishna Old Age Home' on 02/09/2015 situated in Sector 6, Gandhinagar. About 60 volunteers joined in this noble cause. After reaching there the volunteers shared the concerns of the aged inmates and inquired after their upkeep there and about their needs. They also promised them to visit them frequently and that they would never ill-treat either their parents or their in-laws ever in future for they were moved at their plight.

(2) The volunteers were taken to pay a goodwill visit to the institution of the visually impaired children sector 16, Gandhinagar on 23/02/2015 to create a sentiment of empathy for the physically challenged kids of this world and to show their will power to fight back against the challenge with total determination for progress in life with their invincible spirit which was even highly inspirational even for our normal grown up students who were inclined for introspection. A few of the deaf and dumb children demonstrated the power of their sixth sense by working on computer and another one by singing very beautiful devotional song (Bhajan) while the other had joined him by playing the musical instrument Harmonium in tune with the Bhajan.

Awareness for sound health for keeping fit:

(1) A lecture on 'Yoga for Eyes' was organized in our institution for the volunteers in coordination with the Department of Home Science of our college on 11/09/2015. The experts for the lecture were Dr. Ganesh Goswami and Mrs. Varsha Dave. Dr. Ganesh Goswami demonstrated various 'Yoga Mudraas' useful for keeping the eyes healthy and advised the volunteers to live regular life with

regular exercise and healthy food habits and to take care of their eyes as it was the most delicate and the most inevitable organ too of human body.

(2) A lecture on 'Naturopathy for keeping fit – Kaun Banega Swasthya Raxak' was organized on 15/09/2015 in co-ordination with the Department of Home Science of our college for the volunteers. The experts were Dr. Jitubhai Panchal (Shivashram Nature Care Temple, Dantali) and Mrs. Varshaben Dave). Dr. Panchal had explained the benefits of Naturopathy for mental as well as physical health and the benefits of 'Shivambu - the therapy of consuming one's own urine in the morning'.

Awareness for cleanliness and sanitation:

A programme of campus cleanliness and removing the polythene bags for saving the environment was organized on 16/09/2015 jointly with the N.C.C. Cadets. About 60 volunteers and cadets volunteered in this campaign.

Awareness about conserving and cleaning the ancient archeological monuments:

As a part of creating awareness regarding the conservation of our ancient archeological monuments a visit to the ancient medieval stepwell named 'Adalaj Ni Wav' situated at Adalaj village near Gandhinagar and Ahmedabad. About 41 volunteers had joined the excursion. They also cleaned the stepwell thoroughly also removing the litter thrown by the visitors and tourists. The P.O. had explained the interesting historical facts of monument.

Awareness regarding the great personalities of India:

(1) A lecture on the the 'Life and contribution of Swami Vivekananda' was organized on 09/01/2015. The expert was Mr. Sureshbhai Jadhav, a 'Dixarathi' of Shree Ram Krishna Mission, Rajkot.

(2) An elocution competition on 'The contemporary global problems and their solution through Gandhian philosophy, was organized on 28/01/2015 in wake of the ensuing Gandhi birth anniversary on 30th Jan.15. An expert Of Gandhian ideology Mr. Bhanuprasad Purani had remained present as judge and had explained the relevance of Gandhi Babu's ideology even more than ever today for the solution of the problems of the modern world.

Annual Camp organized from from 28/01/2016 to 03/02/2016:

The Annual weekly camp for the volunteers was organized from 28/01/2016 to 03/02/2016 at Indrapura village in Ta. Manasa, Di. Gandhinagar. During the 7 days of the camp the volunteers would always get up early and do Yoga for a quarter of an hour and then would say their morning prayer in the serene and sanctimonious environment of early dawn. Then they would enthusiastically

carry out various constructive works in the village like cleaning the public places to give a message to the villagers not to make it dirty and to maintain the cleanliness and sanitation of the village for remaining healthy and to keep their village neat and clean. They had also visited the local government school children and interacted with the kids of the school and also had organized various competitions in the traditional games like Kabaddi, Running in the sacks, running with a spoon in the mouth with a lemon in it and sprint run. The winners were felicitated with prizes in the cultural programme on the last day of the camp. On the last day of the camp various cultural programmes were presented in the school at night for the entertainment of the village people. A short play giving a very useful social message of saving the girl child, for educating her properly and not to abolish the female fetus was enacted which was enjoyed by the audience and some of them had willingly assured to save and educate the girl child.